

Operational and management recommendations for beauty salons in daily activities in relation to the emergence of Coronavirus SARS CoV-2 infection

1. Introduction

The beauty center may be involved in activities on customers who may be infected and still undiagnosed. For this reason, it is important not to leave the application of protective measures to chance or to the good will of individuals, but to proceed systematically, considering all types of possible contagion, at least on the basis of the main evidence that emerged in the last month and mentioned in the Ministerial Decrees issued. These general indications have the sole purpose of remembering the above for the purpose of a systematic application in companies providing aesthetic services.

2. The ways of transmission

Respiratory droplets have the greatest transmission risk within 91.44 cm, however droplets can travel up to 183 cm from their source (1). The forms of transmission can be:

Saliva, coughing and sneezing;

Personal direct contacts;

Contact with an object or surface contaminated with the virus and then placing your hands over your mouth, nose or eyes.

It is therefore important that the general risk prevention and mitigation measures ,that are "key" protection factors in both work and community contexts, are scrupulously observed. The most effective prevention measures include:

- ✓ frequently sanitize the hands with alcoholic solutions, if the hands are not visibly dirty, or with soap and water if your hands are dirty;
- ✓ avoid touching the eyes, nose and mouth;
- ✓ cough or sneeze while covering yourself with your arm folded or a tissue, which you must then be immediately eliminated;
- ✓ wear the surgical mask in case of respiratory symptoms and wash hands, after wearing the mask;

✓ keep at a distance of not less than one meter from other people and, if this is not the case, possible for the provision of services, adopt all barrier measures by resorting to suitable Personal Protective Equipment .

3. Booking access to the structure and carrying out activities with the customer:

Before making an appointment with a client at your beauty center, make sure by telephone or email of the presence of these conditions:

- ✓ Presence / absence of fever;
- ✓ Presence / absence of symptoms indicating respiratory distress;
- ✓ Presence / absence of flu symptoms such as malaise, headache, cough, sore throat;
- ✓ When assigning an appointment to the customer, in the absence of the above symptoms, insist on the need for him to occur wearing a surgical mask.

Identical preliminary assessments should be redone on arrival of the customer in the beauty center asking him to also provide with a hand wash:

In proceeding with the activities planned with the client, the beautician uses the following personal protective equipment (PPE) in order to implement contact and air insulation measures in addition to the standard precautions:

- Gloves, protective clothing (long-sleeved shirts);
- Safety goggles;
- FFP2 / FFP3 mask

and, if applicable, the following materials for surface insulation and disposable supports:

pedicure and manicure wipes;

hair bands;

sheets for cots;

disposable slippers;

disposable instruments;

All PPE must then be removed and disposed of / sanitized daily, making sure that other people cannot come into contact with them and can be contaminated. In case of new access to a different customer it is necessary to wear new gloves. Any equipment used for beauty services must be isolated, for example by

covering them with cellophane, with replacement of the same and / or sanitation at the end of the service. At the end of the day also sanitize the footwear.

4. Instrumental and environmental sanitation

The World Health Organization recommends the use of the following disinfectants (2):

- 70% ethyl alcohol for instruments;
- Water, common detergent and disinfectant for cleaning rooms and surfaces.

5. Services at customer's home

In the case of home delivery services, proceed with the preliminary checks referred to in point 3) when defining the appointment for home care, then proceed, if necessary, with the provision by adopting individual protection measures reported in the same point 3).

6. Other organizational recommendations

In carrying out the activity it is important to observe some organizational measures:

- Increase the pause times between one performance and another so as not to fail stationing too many clients' in the waiting room
- Space the sessions in the waiting room at least 1 meter apart
- With the exception of minors, avoid the presence of carers
- In the case of companions not needed for customer support, invite them to wait outside the facility.

7. Personnel management

All employees who exhibit flu-like symptoms should preferably stay at home, agreeing with the head of the beauty center on the modalities in accordance with the contractual provisions. While carrying out your business:

- it is necessary to avoid gatherings with other colleagues, other professional figures or users;

Where there is a suitable canteen service, it is organized in time slots favoring lunch without gatherings with other colleagues.

8. Bibliography

1) Guideline for Isolation Precautions: Preventing Transmission of Infectious Agents in

Health Care Settings. Siegel, J.D., et al., Am J Infect Control, 2007. 35 (10 Suppl 2): p.S65-164.

2) The Challenge of Severe Acute Respiratory Syndrome, Testarelli et al. Minerva Stomatol. Jul-Aug 2004

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